



# STONEGATE CENTER

## Stonegate Center Hilltop Packing List

### **PLEASE BRING the following items:**

1. Any prescribed medications
2. Clothing (7-day supply ONLY)
  - a. Modest daily attire
  - b. Athletic attire
  - c. Off campus church/ 12-step meetings (jeans are appropriate)
  - d. Modest pajamas
3. Closed toed shoes and flip flops for shower/pool
4. One-piece bathing suit
5. Personal toiletries and personal hygiene items (alcohol free)
6. Hair styling tools
7. Cigarettes/Dip
8. Stamps & envelopes

### **Please do not bring:**

1. Personal bedding
2. Designer luggage, handbags, totes, and jewelry
3. Pre-workout or Protein Powder
4. Sports equipment
5. Any type of Aerosols
6. Perfumes,
7. Vaporizers and "e-liquids"
8. Sleeveless/spaghetti straps

### **Provided by Stonegate Center:**

1. Laundry Supplies
2. Linens and Bedding
3. Tampons and Pads
4. Sunscreen and Bug spray